

Ashtanga Yoga Opening Mantra

Om Vande Gurūṇām Caraṇāravinde Sandarśita Svātma Sukhāvabodhe
 Niḥśreyase Jāṅgalikāyamāne Saṁsāra Hālāhala Mohaśāntyai
 Ābāhu Puruṣākāraṁ Śaṅkhacakrāsi Dhāriṇam
 Sahasra Śīrasaṁ Śvetaṁ Praṇamāmi Patañjalim

*I bow to the lotus feet of the Gurus
 The awakening happiness of one's own Self revealed,
 Beyond better, acting like the Jungle physician,
 Pacifying delusion, the poison of Samsara.
 Taking the form of a man to the shoulders,
 holding a conch, a discus and a sword,
 One thousand heads white,
 To Patanjali, I salute.*

Ashtanga Yoga Closing Mantra

Svastiprajābyaḥ Paripālayantām Nyāyena Mārgeṇa Mahīm Mahīśāḥ
 Gobrahmaṇebhyaḥ Śubhamastu Nityaṁ Lokāḥ Samastāḥ Sukhinobhavantu

*May all be well with mankind.
 May the leaders of the earth protect in every way by keeping to
 the right path.
 May there be goodness for those who know the earth to be sacred.
 May all the worlds be happy.*

Yogena Cittasya (Yoga Sutras)

yogena cittasya, padena vācāṁ, malaṁ śarīrasya ca vaidyakena
 yo'pākarot taṁ pravaraṁ munīnāṁ patañjalim prāñjalir ānato'smi

*I bow with my hands together to the eminent sage Patanjali, who
 removed the impurities of the mind through yoga, of speech
 through grammar, and of the body through medicine.*